

*Bullying-Tips for Parents:

A student is being bullied when he/she is exposed, repeatedly and over time, to negative actions on the part of one or more students.

What can you do if your child is bullied:

- Help your child develop talents and positive attributes
- Encourage your child to make contact with friendly student(s) in their classes
- Encourage your child to get to know peers in new situations

What doesn't work?

- Ignoring the problem
- Blaming your child for provoking bullying
- Telling the child to "hit back"
- Calling the parents of the bully—unless there is a friendly relationship between parents

What can you do if your child bullies others?

- Communicate directly with your child: "We know you have been involved in bullying"
- "Bullying is a serious behavior"
- "We will not tolerate any future bullying behavior"

From Olweus Bullying Prevention Program